



Saint Mark's

# Messenger

Volume 48, No. 2

February 2008

## From the Rector:

**A**t last month's Vestry meeting, Linda Dillon offered an opening devotion using a book by Rev. Bart Sarjeant, the former Rector of St. John's Ross, a wonderful priest who recently died and was once a beloved Assistant Priest at St. Mark's in the late 1960's.

Part of Linda's devotion contained a poem quoted by Bart. The poem concerns a topic with which we all struggle – time:

### How Much Time?

Time seems to come in little boxes, each box is called a day.

Thirty boxes make a carton, called a month.

A shipment of twelve cartons makes a year.

Each January 1 we get a new shipment – twelve cartons.

What a lot of time to have! We are rich in time.

But are you sure you received a full shipment?

What if your subscription time ran out during the year?

What if you opened a carton and found only empty boxes?

No more time? No more time! But you may have a full shipment this year.

And you may have more shipments in the future.

Yet, will you say, "I have no time?" That is a strange remark.

People who say, "I have no time," always have time.

Those who have no time are dead.

The dead do not mention their lack of time.

Only the living say, "I have no time."

All of us have the same amount of time – 24 hours a day, no more.

The difference is how we use our time.

When we say that we have no time for something, We mean that the "something" is not important enough.

We have to spend our time.

It won't keep in a bank – not even with a time lock on the vault.

When you say you have no time for church, or to serve Christ,

You are saying that you would rather spend your time in other ways.

Of course you don't want it to sound that way.

You want to say, "I'll give time to God later when I have more,"

But are you sure you will have more time?

What if your next box is empty?

- Author unknown

*Time presses upon all of us regardless of the degree of our "busyness." As we move from this Epiphany season into Lent, how can we best "spend" our time?*

*What can you do in the season ahead, a season of deepening, to make the time you have, the time you spend, the time you give, sacred? Set aside some boxes and fill them with the things that will create a holy Lent for yourself and your loved ones!*

In Christ,

## Ash Wednesday – Begin Your Lent

**T**he word Lent comes from the old English word "lencten" the time when the days are getting longer; spring. Just as spring brings both the last bleak days of winter and the first green promise of summer, Lent brings a season of austerity and hope to Christians. The 40 days of Lent, beginning Ash Wednesday and ending on Holy Saturday, call us to self discipline and reflection: an intentional preparation for the celebration of Easter.

How will you make a holy Lent? The liturgy for Ash Wednesday invites us to look to Jesus as we observe Lent "by self-examination and repentance, by prayer, fasting, and self-denial: and by reading and meditating on God's holy Word" (BCP, p. 265). When we receive the ashes on the first day of Lent, we do so within the body of Christ, aware of our humanity.

Ash Wednesday worship services take place on February 6 with Holy Eucharist and Imposition of Ashes at 12:15 p.m. in St. Mark's Chapel and 7:30 p.m. in the church. Please join us in marking this transition in our faithful pilgrimage.

### Looking Ahead

- Sunday, February 3 \_\_\_\_\_ (NO 8:00 A.M. SERVICE)  
10:00 a.m. Holy Eucharist and Annual Mtg w/Brunch
- Tuesday, February 5 \_\_\_\_\_ Shrove Tuesday  
5:00 p.m. Pancake Supper (Parish Hall)
- Wednesday, February 6 \_\_\_\_\_ Ash Wednesday  
12:15 p.m. Eucharist in Chapel  
7:30 p.m. Eucharist in Church
- Sunday February 10 \_\_\_\_\_ 1st Sunday of Lent
- Wednesday February 13 \_\_\_\_\_ Lenten Series  
*Millenial Goals and Developing Souls*

## Adult Formation

### Annual Meeting & Brunch

St. Mark's will hold its Annual Meeting on Sunday, February 3, in the church, immediately after a combined 10:00 a.m. service (no 8:00 a.m. service), followed by a potluck brunch in the Parish Hall.

At the Annual Meeting, the congregation will elect new Vestry Members and Diocesan Deanery Delegates, vote on the adoption of the 2008 budget, and we hear annual reports from our parish's ministries. The Annual Meeting allows newcomers to get a sense of all that is going on at St. Mark's and long time members to learn about progress that has been made. Childcare is provided during the meeting.

The potluck brunch lets us all enjoy some fabulous food and conversations with our fellow parishioners, both new and old. It has always been very enjoyable. Please come!

In addition to yourselves, you are (of course!) asked to bring food. The assignments are based on the first letter of your last name. Families with more than one last name can choose which name to use. Please bring enough for 10 to 12 people.

#### The assignments are:

- A - C Drinks
- D - J Fruit or Fruit Salad
- K - P Bread or Muffins
- Q - Z Main Dish

### 50 Minute Forum:

#### A Conversation with Dr. Kibbie Ruth, Kyros Ministries

Tuesday, February 26, 7:00-8:00 pm

Kennedy Room

In response to the resolution calling for each church to take steps to ensure that our houses of worship are safe and nurturing places for all children issued by the national Episcopal Church, St. Mark's is offering a forum with Dr. Kibbie Ruth in the Kennedy Room on February 26 (in addition to 2 other forums - see page 4 for more information).

Dr. Kibbie Ruth, Founder and Senior Consultant of Kyros Ministry (kyros.org), is an expert in the field of congregational health and has done extensive work in the area of abuse prevention, healthy congregations, professional and personal boundaries, and the appropriate use of power. Anyone who has questions or concerns about the reality of abuse in our society and communities are encouraged to join us for this one hour conversation.

### Listening for God

Our reading group will meet on Sunday February 24th at 11:30 in the Kennedy Room for a discussion of William Trevor's short story, Autumn Sunshine. Marguerite Anderson is our facilitator. New members are always welcome to join this ongoing group. Books are available from Phyllis Annett.

### Newcomers and Inquirers

Twice a year St. Mark's hosts a series of three classes for people who are new to the community or who are interested in learning more about our tradition and deepening their faith. These sessions offer a brief look at the history, theology and practice of the Episcopal Church and how we continue the tradition specifically at St. Mark's. Why do we do what we do? How do we "design" a faithful community? How do you play a part in the tradition and its contemporary practice? Join us for our sessions on Mondays at 7:00 pm, February 25, March 3 and 10. Call the church office to register (650) 326-3800.

### Ponder This

*the words of Martin Luther King Jr. on Community...*

"All life is interrelated, somehow we're caught in an inescapable network of mutuality tied in a single garment of destiny. Whatever affects one directly affects all indirectly. For some strange reason, I can never be what I ought to be until you are what you ought to be. You can never be what you ought to be until I am what I ought to be. This is the interrelated structure of reality."

- Martin Luther King Jr.  
1963

### Falling In Love

Nothing is more practical than finding God, that is, than falling in love in a quite absolute final way. What you are in love with, what seizes your imagination, will affect everything. It will decide what will get you out of bed in the morning, what you will do with your evenings, how you spend your weekends, what you read, who you know, what breaks your heart, and what amazes you with joy and gratitude. Fall in love, stay in love and it will decide everything.

- Pedro Arrupe S.J.

## Looking toward Lent

### New Mornings for Centering Prayer *Join us for Lent!*

**C**entering Prayer is a wonderful way to begin the day. To sit in silence with others and to focus upon the presence of God and grace in our lives changes the rest of the day, indeed our lives! The days ahead will be changed by this awareness, gratitude and centering!

Centering Prayer is now offered in Lent (beginning February 6<sup>th</sup>) Monday through Friday at St. Mark's. Join us any of the days/times below to deepen your soul and strengthen all that is good in your life!

Monday, Wednesday, Friday ..... 8:25 - 9 am  
**plus** Mondays at 1:00 pm  
Tuesday, Thursday ..... 7:25 - 8 am

### Untying the Knots: a Lenten Quiet Day

Saturday, March 8, 12pm-4pm



**T**ake some time with spiritual friends to cultivate peace and quiet. We'll slow down enough to receive the gifts of this holy time. When we're in racing through our schedules and lists, too often our lives begin to feel knotted up with timelines, stress, worries about what is not done. It can sometimes be difficult to feel compassion for anything, let alone for ourselves and our sacred stories from long ago and far away. Yet this story we're preparing for, the story that we will tell at Holy Week and Easter, has so much power to comfort, inspire and challenge us. In our quiet we settle enough to hear the Spirit speak, and we can be sure we're making needed space for God to work within us.

These four hours will offer a spiritual respite from our busy world. We will engage in individual and corporate prayer, will live into the solitude in the midst of others, and will mark the this day as a gift to ourselves and a gift to God. Come for the whole four hours or part of it. Look for details to follow in your Sunday bulletin and Community Life.

### Soulful Men and Hearty Breakfasts: *A Lenten Invitation to Fellowship with Fellows*

**T**he Lenten Season is traditionally a time for reflection, prayer, penitence, and charity as part of the Christian journey to Holy Week and the Easter Season. This year, we invite the men of St. Mark's to meet one morning a week during Lent for an enjoyable, heartening, spiritual discussion (using as subject matter contemporary sacred writing and everyday life), and the sharing of a simple, but hearty breakfast.

We'll meet in the Library on Wednesday mornings 7:15 - 8:15 am from February 13 to March 19. For more information, and to let us know if you are man enough for early morning spirituality, contact Dick Tingey (dtingey@aol.com or 650 856-9285), or Matt McDermott (Matt@saint-marks.com)

### Lenten Series 2008 *Finding God at the Movies*

#### "Millennial Goals and Developing Souls"

Join us as we once again use the medium of film to find God and our place in a world in need of Grace.

This year we use the Millennium Development Goals of the United Nations to focus our theme. The films and our presenters will engage us in inspired discussions on poverty, education, gender equality, child mortality, mother's health, HIV/AIDS, and environmental sustainability. Join us on the Wednesdays of Lent for food and fellowship, inspired presentations and discussion and prayers and songs of hopeful transformation.

February 13, 20, 27 and March 5 and 12  
at St. Mark's Church

Supper	6:00 p.m.
Presentation	6:45 p.m.
Prayers	7:45-8:15 p.m.

**February 13th** ..... with Youth Minister Liz Graves  
"Whale Rider and Gender Equality"

**February 20th** .... with Prof. Margalynne Armstrong  
"Akeelah and the Bee and Poverty and Education"

**February 27th** ..... with Rev. Sally Bingham  
"The Day After Tomorrow and/or An Inconvenient Truth and the Environment"

**March 5th** ..... with Rev Bill Rankin  
"Yesterday" and "HIV/AIDS and Mother's Health"

**March 12th** ..... with Rev Jerry Drino  
"God Grew Tired of Us and Child Mortality"

## From the Associate Rector - **The human condition: Sin**

**I** know it isn't popular to speak of sin – well, at least not in reference to ourselves. I am comfortable speaking of the sin of others, of dictators, of prisoners, of oppressors. That sin is easy to detect and is easy to point out. Yet as I often speak of the quest for personal wholeness, leaving sin out of the picture would give us only a half-truth from which to start.

The Hebrew language has three words for sin: *chatah*, meaning to miss the mark or go astray; *avah*, translated as iniquity, meaning to intentionally act wrongly, and *pasha*, translated as transgression, meaning to rebel. *Avah* and *pasha* are often paired together, giving us the phrase inequities and transgressions, leaving *chatah* to stand separately.

Whether we act wrongly with intent or whether we miss the mark, sin is a reality in each person's life. Name it for yourself. A conversation gone wrong and not readdressed. A harsh word given at a time when love was called for. Apathy in the place of action. Not loving ourselves as God loves us and then not loving our neighbors either. There are a myriad of ways that we sit in our brokenness, and though these ways point us towards where there is unhealth, the true Sin is the absence of turning it over to God.

If I have learned anything, it is that my own brokenness remains intact and even grows unless I invite God to dwell in that brokenness. I will never be fully whole on my own, and I might not ever be fully whole until I pass from this world, but I for sure will never begin to taste the peace of healing until I offer to God my entirety – both my goodness and my not-so-goodness. God knows all of our being, and the intimacy that God desires is found not only in our joy at being alive, but also in the pain that life brings to us. Truly living life means letting God in to all aspects of it. May this Holy Lent bring you opportunities to examine where God is most needed. And in that examination, may you find that God already dwells there, loving you towards healing and wholeness.

-Lori

## The Saint Mark's Policy for the Protection of Children and Youth

**W**e are all aware that child/youth sexual abuse is a reality in our world. In recognition of this, the national Episcopal Church has issued a resolution calling for each church to take steps to ensure that our houses of worship are safe and nurturing places for all children. St. Mark's has since written a policy outlining steps and precautions to best protect our children and youth. If you haven't already, you will soon be receiving a letter announcing the publication of this policy. The policy will then be available for everyone to read. We will also be offering the following forums in the Kennedy Room for all interested:

### **Forum I: Policy Overview Sunday, February 10, 11:30-12:15**

We will be looking at the written policy in order to familiarize ourselves with its content and to address any questions that might pertain to the policy in general.

### **Forum II: Video "Safeguarding God's Children" Sundays, February 17 & 24, 11:30-12:30**

We will watch the video, Safeguarding God's Children, in order to best educate ourselves on the signs and warnings of child abuse or potential offenders. The same video will be shown on two different Sundays (no need to attend both sessions). This video is especially important for parents or those who work with children to view, as well as for the entire parish.

### **A Conversation with Dr. Kibbie Ruth, Kyros Ministries: Tuesday, February 26, 7:00-8:00**

Dr. Kibbie Ruth, Founder and Senior Consultant of Kyros Ministry ([kyros.org](http://kyros.org)), is an expert in the field of congrega-

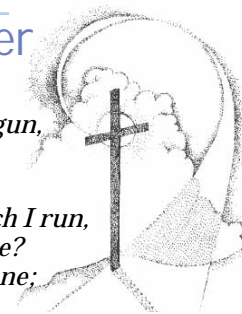
tional health and has done extensive work in the area of abuse prevention, healthy congregations, professional and personal boundaries, and the appropriate use of power. Anyone who has questions or concerns about the reality of abuse in our society and communities are encouraged to join us for this one hour conversation.

In the meantime, please do not hesitate to contact either Rev. Matt McDermott or Rev. Lori Walton with questions or concerns.

## A Hymn to God the Father

**W**ilt Thou forgive that sin where I begun,  
Which was my sin, though it were  
done before?  
Wilt Thou forgive that sin through which I run,  
And do run still, though still I do deplore?  
When Thou hast done, Thou hast not done;  
For I have more.  
Wilt Thou forgive that sin which I have won  
Others to sin, and made my sins their door?  
Wilt Thou forgive that sin which I did shun  
A year or two, but wallow'd in a score?  
When Thou hast done, Thou hast not done;  
For I have more.  
I have a sin of fear, that when I've spun  
My last thread, I shall perish on the shore;  
But swear by Thyself that at my death Thy Son  
Shall shine as He shines now and heretofore:  
And having done that, Thou hast done;  
I fear no more.

- John Donne



## St Mark's Community & Environment

### Send Mother Earth a Valentine

**F**ebruary is the month of remembering those we love with colorful valentines, candy and flowers. As you shop for valentines this year, remember to do something loving for Creation. There are so many great books with ideas for saving energy and resources. One of our favorites is *The Green Book, The Everyday Guide to Saving the Planet One Simple Step at a Time*, by Elizabeth Rogers and Thomas M. Kostigen, \$12.95.

The book is well-organized into chapters such as Home, Entertainment, Travel, Sports, Electronics, and Building. While many of the ideas are common sense, most observations are things that many of us probably have never thought of, as they are habits and products that are so ingrained into our lifestyle. Each idea includes a summary of the tangible energy or resources savings that could be achieved by that action, so the reader can really appreciate how much difference seemingly small individual actions can make.

Engage your family in the process and together jot down your resolutions, so these are truly intentional choices. Then take action, and feel good about your decision to live more sustainably — the love you show the Earth is returned by giving you life!

*-Elizabeth Bowden-Smith*

### Hearing the Word!

**A**s mentioned in my November 2007 Messenger article, "Do You Have Difficulty Hearing in Church?" I am pleased to announce a new Hearing Assistance device has been permanently installed at St Mark's. The system uses a radio transmitter connected to the PA system and a receiver about the size of a pager connected to a discrete headset worn by the user. The system also caters for personal hearing aids equipped with a 'T' coil. Headsets can be picked up from the Greeters upon arrival at the New Narthex.

Having been in use during the Advent season the system has proved to be a huge success for those having difficulty hearing the readings and sermons. Notices about the system are posted around the building.

For questions or further information, or to try out the system, please speak in confidence to either Simon Binns or Debbie Clark who is a trained and certified audiologist.



*-Simon Binns*

### 50th Anniversary of Casavant Pipe Organ at St. Mark's

#### Jim Welch to Repeat Original Dedication Recital Program

**O**n Sunday, February 10, at 4 p.m., St. Mark's will celebrate the 50<sup>th</sup> anniversary of the wonderful Casavant pipe organ. The organ, a gift of Dr. Norman Philbrick and his wife Geraldine, was installed in August 1957, and received its dedicatory recital by Stanford's University Organist Herbert Nanney on February 11, 1958.

Jim Welch was a student of Herbert Nanney's at Stanford in the 1970's. He will repeat the program played by Professor Nanney at the dedication recital in 1958. The program includes a wide variety of works by Bach, Pachelbel, Schumann, Franck, Vaughan Williams, and Langlais, each of which demonstrates the tonal beauty and versatility of this landmark instrument. The organ features 4,568 pipes.

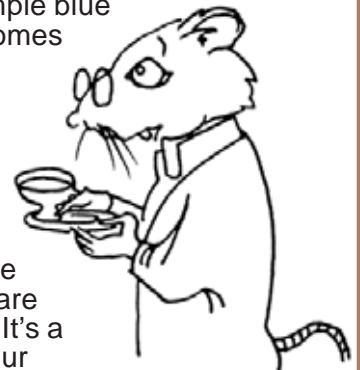
Those serving as organist at St. Mark's over the years have been the

following: C. Thomas Rhoads, Edwin Ted Flath, G. Thomas Hazleton, Steve Janzen, Joe Hansen, Robert Bates, Douglas Butler, Clay Morris, Don Giberson, Russell Hancock, and Jim Welch. (And Jim, who came to St. Mark's 15 years ago in January 1993, has now served longer than any of the other organists.) Some of the organists are now deceased, but Tom Rhoads, now retired in Hawaii, hopes to be at the recital. It would be great to see him at St. Mark's again. Donation at the door, \$10.

### Church Mouse

I have to admit as a humble resident of the church sanctuary one of my favorite seasons is Christmas. After the simple blue

of Advent the Church comes alive with the gold, and lights and sounds of Christmas! This all happens at the "Greening of the Church." The trees and wreaths come in, people share a meal, the lights come on, people are heard humming carols. It's a holy transformation of our



home! Thanks to coordinators **Annette Knapp, Elizabeth Bowden-Smith, Jay Gerstenschlager, Carla Bliss and Greg Smitherman** and all who helped us be transformed!

## Children and Families

### Join the Children and Family Commission

**P**arents of School Aged Children who would like to learn more about the Children and Family Commission's ministry and goals are invited to join our monthly CFC meetings. CFC meetings are generally held on the first Sunday of each Month following the 10:00 service. February 3d is our next CFC meeting. Contact Mary Greene for more information.

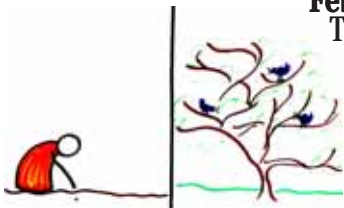
### Godly Play In February Shares The Parables of Jesus

**February 3:**  
The Parable of the Great Pearl

**February 10:**  
The Parable of the Sower

**February 17:**  
The Parable of the Leaven

**February 24:**  
The Parable of the Mustard Seed



### What is Shrove Tuesday?

**O**n Tuesday Feb. 5, we'll join together for a great parish celebration of pancakes and community. Why pancakes? And what does Shrove Tuesday mean? Here's what Wikipedia has to say:

*The word shrove is a past tense of the English verb "shrive," which means to obtain absolution for one's sins by confessing and doing penance. Shrove Tuesday gets its name from the shriving (confession) that Anglo-Saxon Christians were expected to receive immediately before Lent.*

*Shrove Tuesday is the term used in the United Kingdom, Ireland, and Australia to refer to the day after Shrove Monday (or the more old fashioned Collop Monday) and before Ash Wednesday (the liturgical season of Lent begins on Ash Wednesday). In these countries, particularly Ireland, and amongst Anglicans, Lutherans and possibly other Protestant denominations in Canada including Newfoundland, Nova Scotia and New Brunswick, this day is also known as Pancake Day or Pancake Tuesday, because it is customary to eat pancakes on this day. In other parts of the world—for example, in historically Catholic and French-speaking parts of the United States and elsewhere—this day is called Mardi Gras. (www.wikipedia.org)*

Join us for our annual pancake supper. It's sure to be an event not to miss! Good food, entertainment, crafts for children, games and friendship!

**Thanks** to our January Story Tellers: Elisa Schmidt, Rachel Ramsey, Matt Santos and Joanie King!



## Memories from Christmas Pageant 2007



## Teen Talk

**T**his spring holds lots of chances to learn and practice how we're co-creators with God in the world. At youth group we practice how people live together, how to be part of a group where everyone is welcome and loved. After all, we can only teach the world to stop fighting if we can live it. So this Lent, the traditional time of taking on challenges for spiritual growth, we're going to step up. A growing number of St. Mark's youth are co-creating good changes in local schools by working with our community organizing ministry. And for one weekend we're taking on a fast, our 30-hour famine, which will connect us with other people around the world.

Then after Easter, there's Happening, a weekend retreat with other teens from the bay area. It will be an active weekend, filled with music, discussion, creative worship, and quiet times. It is designed for, and run by, young people. It is a weekend in which young people speak from their own experiences, informed by the traditions of the



St. Mark's youth "supporting" each other

Episcopal Church. We have lots of happy Happening veterans at St. Mark's; youth and grownups alike! If you can get away, it's totally worth it.

- Liz Graves

### 30 Hour Famine February 29-March 1

**E**ver wondered about how God fits into your life? Have you wanted to make an impact on your community? Think you can change the world?

Come be a part of this year's re-vamped 30 hour famine, February 29- March 1 and start figuring out how to answer these questions. Sure you have to go without food for 30 hours, but you will be too busy to notice. We'll be singing songs with hippies, helping out with local projects, meeting new friends, and learning about the little things that we can all do to improve the health of our global family.

Like past 30 hour famines, we will collect pledges from friends and family who want to support our going without food, but this year it is up to you to decide how we are going to spend it. We can send goats to India. Buy mosquito nets for Africa. Provide micro-loans for farmers in Latin America. Pay for a well to benefit a village without drinking water. It's your choice.

Start getting mentally prepared, because we are going to blow your mind.

-Kirk McConnell



### Upcoming Youth Group Events

- February 3, March 2 and April 6 ..... Breakfast Club (1st Sundays, 10am)
- February 29-March 1 ..... 30 Hour Famine
- April 18-20 ..... Happening (at Marin Headlands)

**St. Mark's MESSENGER**  
**St. Mark's Episcopal Church**  
**600 Colorado Avenue**  
**(between Cowper and Middlefield)**  
**Palo Alto, CA 94306-2510**

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**St. Mark's Episcopal Church**  
**Sunday Schedule**

8:00 a.m. The Holy Eucharist (St. Mark's Chapel)  
9:00 a.m. Adult Education Hour  
10:00 a.m. Choral Eucharist (Church)  
Children's Programs  
6:00 p.m. Youth Group (Parish Hall)

**Church Office Telephone (650) 326-3800**

**Fax: (650) 326-2186**

**email: stmarkpa@pacbell.net**

**Church Staff**

Rector: *The Reverend Matthew McDermott*

Associate Rector: *The Reverend Lori Walton*

Deacon: *The Rev. Richard Peterson (emeritus)*

Children/Family Ministries Coordinator: *Mary Greene*

Youth Ministries Coordinator: *Liz Graves*

Assisting Clergy: *Rev. Dr. Rebecca Lyman, Rev. John Butcher, Rev. Joanne Sanders*

Music Directors: *Rebecca Maggi, Tom Colohan*

Church Organist: *James Welch*

Office Administrator: *Katie Yates*

Sexton: *Marco Picon*

Treasurer: *Maureen Kennedy*

## St. Mark's Calendar

### Sunday

8:00 a.m. Holy Eucharist (St. Mark's Chapel)  
9:50-11:30 a.m. Child Care (Eastside classroom 2)  
9:00 a.m. Adult Education Hour (St. Mark's Chapel)  
10:00 a.m. Holy Eucharist w/Music (Church)  
KidsWorld Infant Care and Toddlers (Eastside classroom 2)  
Preschool (Eastside classroom 1)  
Kindergarten & First grades (Westside classroom 1)  
Second & Third grades (Westside classroom 1)  
Fourth & Fifth grades (Clubhouse-Church 2nd floor)  
6:00 p.m. Youth Group (Parish Hall, Youth Room, Library)

### Monday

8:30 a.m. & 1:00 p.m. Centering Prayer and Meditation (Kennedy Room)

### Tuesday

7:30 a.m. Centering Prayer and Meditation (Kennedy Room)  
7:30 p.m. Compline (St. Nicholas Chapel)

### Wednesday

8:30 a.m. Centering Prayer and Meditation (Kennedy Room)  
12:15 p.m. Holy Eucharist with Healing Rite (St. Mark's Chapel)

### Thursday

7:30 a.m. Centering Prayer and Meditation (Kennedy Room)  
7:30 p.m. Choir Rehearsal

### Friday

8:30 a.m. Centering Prayer and Meditation (Kennedy Room)

### Sunday, February 3

10:00 a.m. Last Epiphany (NO 8 AM SERVICE)  
Holy Eucharist and Annual Meeting w/Brunch  
Youth Group - "Breakfast Club"

### Tuesday, February 5

Shrove Tuesday  
5:00 p.m. Pancake Supper (Parish Hall)

### Wednesday, February 6

Ash Wednesday  
12:15 p.m. Eucharist in Chapel  
7:00 p.m. Eucharist in Church

### Sunday, February 10

1st Sunday of Lent  
11:30 a.m. Abuse Prevention Policy Overview (Kennedy Room)

### Wednesday, February 13

6:00 p.m. Lenten Series - "Millennial Goals and Developing Souls"

### Sunday, February 17

Lent II  
11:30-12:30 "Safeguarding God's Children" Video (Kennedy Room)

### Wednesday, February 20

6:00 p.m. Lenten Series - "Millennial Goals and Developing Souls"

### Sunday, February 24

Lent III  
11:30-12:30 "Safeguarding God's Children" Video (Kennedy Room)

### Monday, February 25

7:00 p.m. Inquirer's Class (Kennedy Room)

### Tuesday, February 26

7:00 p.m. A Conversation with Dr. Kibbie Ruth (Kennedy Room)

### Wednesday, February 27

6:00 p.m. Lenten Series - "Millennial Goals and Developing Souls"

### Friday, February 29 - Saturday March 1

7:00 p.m. Youth Group - 30 Hour Famine (overnight)

St. Mark's website: [www.saint-marks.com](http://www.saint-marks.com)